Idiopathic Epilepsy – IEC and IEF

What is it?

Upon initial onset of seizure episodes individuals will typically lie on their side with all limbs extended in a rigid state. Manual flexing of the limbs is possible, but return to the extended position occurs after release. Seizure episodes may last from several minutes to more than an hour.

How?

Age of onset or first seizure can be variable, ranging from birth to several months of age. Occurrence and persistence of seizures may be influenced by environmental stressors such as temperature extremes or increased physical activity.